

# LUNCH MENU

TONBRIDGE SCHOOL

**Week Ending: 13<sup>th</sup> November 2010**

## MONDAY

Chicken, Ham and Leek Pie  
in a White Wine sauce served  
with Spinach, Sweet corn  
and Roasted New Potatoes

or

The Salad Bar  
Vegetarian Pie

Belgian Sweet Waffles served with  
Vanilla Ice Cream & Maple Syrup  
Choice of Fresh Fruit

## WEDNESDAY

Roast Tottingworth Farm Beef  
served with Yorkshire Pudding  
Gravy, Roast Potatoes  
Mashed Swede, Broccoli florets

or

Salad Option  
Vegetarian Pastry

Fresh Strawberry Pavlova  
with a Raspberry sauce  
Choice of Fresh Fruit

## FRIDAY

Cook's Assorted Pizzas  
Tuna, Crispy Bacon, Three Cheese  
with Sweet corn, Coleslaw  
Mixed Salad and Chunky Chips

or

The Salad Bar  
Vegetarian Option

Fresh Cream Profiteroles  
with Chocolate Fudge sauce  
Choice of Fresh Fruit

## TUESDAY

Beef Bourguignonne  
served with Green Cabbage  
Sliced Carrots & Croquette Potatoes

or

The Salad Bar  
Cook's Vegetarian Casserole

Chocolate Sponge Pudding  
served with Chocolate Custard  
Choice of Fresh Fruit

## THURSDAY

Rogan Josh Lamb & Vegetable Curry  
served with Boiled Rice  
Onion Bhajis, Naan Bread

or

The Salad Bar

Vegetarian Curry with Boiled Rice

Caramel Ice Cream  
with White Chocolate Cookies  
Choice of Fresh Fruit

## SATURDAY

Homemade Soup of the Day  
served with Crusty Rolls  
and  
Diced Chicken  
cooked with Oriental Vegetables  
in a Plum sauce with Braised Rice

Chocolate Whirl  
Choice of Fresh Fruit  
Northiam Farm Low Fat Yoghurts

