

TONBRIDGE SCHOOL CENTRE

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Members' Activity Timetable

(Monday 09/01/12 – Sunday 12/02/12)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool	<p>6.30* – 9.30am</p> <p>12 – 4.30pm (3 – 4pm Lane Swimming & 4 – 4.30pm Adult Only Lane Swimming)</p> <p>5.30 – 9pm (5.30 – 9pm Adult Only Lane Swimming)</p>	<p>6.30* – 10.30am</p> <p>11.30am – 2pm</p> <p>5.30 – 7.30pm</p>	<p>6.30 – 11am (9.30 – 10.30am Lane Swimming)</p> <p>12 – 1.30pm</p> <p>4 – 7.30pm (4 – 6pm Adult Only Lane Swimming)</p>	<p>6.30* – 9.30am (8.45 – 9.30am Lane Swimming)</p> <p>12 – 2pm</p> <p>5.30 – 8pm (7 – 8pm Adult Only Lane Swimming)</p>	<p>6.30* – 11am</p> <p>12 – 2pm</p> <p>4 – 7pm</p>	<p>8am – 2pm** (9.30 – 11am Family Splash & 11am – 1pm Adult Only Lane Swimming)</p> <p>5 – 8pm (7 – 8pm Adults Only)</p>	<p>9am – 1.30pm (10.30am – 1.30pm Family Splash)</p> <p>4 – 5.30pm</p>
Sauna	<p>7.30 – 4.30pm</p> <p>5.30 – 9pm</p>	<p>7.30 – 2pm</p> <p>5.30 – 9pm</p>	<p>7.30am – 2pm</p> <p>4 – 9pm</p>	<p>7.30 – 9.30am</p> <p>12 – 2pm</p> <p>5.30 – 9pm</p>	<p>7.30 – 2pm</p> <p>4 – 9pm</p>	<p>9am – 2pm</p> <p>5 – 8pm</p>	<p>10am – 1.30pm</p> <p>4 – 7.30pm</p>
Fitness Suite	<p>6.30am – 4.30pm</p> <p>6 – 9pm</p>	<p>6.30am – 2pm</p> <p>6 – 9pm</p>	<p>6.30 – 3pm</p> <p>4.30 – 9pm</p>	<p>6.30 – 2pm</p> <p>6 – 9pm</p>	<p>6.30am – 2pm</p> <p>4 – 9pm</p>	<p>8am – 1pm</p> <p>5 – 8pm</p>	<p>9am – 1pm</p> <p>4 – 7.30pm</p>
Athletics Track	<p>9am – 3pm</p>	<p>9am – 2pm</p>	<p>9 – 3pm</p>	<p>9am – 2pm</p>	<p>9am – 3pm</p>	<p>9am – 1pm</p>	<p>1 – 4pm</p>

* Half the pool until 7.30am

- Adults Only Swimming - Adult Members
 - Adults Only Lane Swimming - Adult Members' Lane Swimming in half the pool only
 - Family Splash Swim Sessions - Sessions for families, with floats/toys etc.
 - Lane Swimming - Lane swimming in half the pool only
 - Athletics Track - Inside 2 lanes of the track are not to be used.
- (Occasional maintenance may affect usage)

Please note that on **Saturday 11th February the morning swimming session will be extended to 3pm, with 1-3pm as lane swimming in half the pool only.

