

BREAKFAST MENU

TONBRIDGE SCHOOL

Week Ending: 02nd February 2008

MONDAY

Choice of Breakfast Cereals
Assorted low fat Yoghurt
Basket of Fresh Fruit

Poached Egg and Baked Beans
with Grilled Bacon

Toast & Preserves
Chilled Fruit Juice
Tea / Coffee

WEDNESDAY

Choice of Breakfast Cereals
Assorted low fat Yoghurts
Basket of Fresh Fruit

Warm Plain Bagels
served with a choice of Soft
Cream Cheese or Crispy Bacon

Toast & Preserves
Chilled Fruit Juice
Tea / Coffee

FRIDAY

Choice of Breakfast Cereals
Assorted low fat Yoghurt
Basket of Fresh Fruit

Healthy Option
Sliced Melon & Grapes
Toasted Crumpets
and Strawberry Jam

Toast & Preserves
Chilled Fruit Juice
Tea / Coffee

TUESDAY

Choice of Breakfast Cereals
Assorted low fat Yoghurt
Basket of Fresh Fruit

Cheese, Ham & Tomato Panini

Toast & Preserves
Chilled Fruit Juice
Tea / Coffee

THURSDAY

Choice of Breakfast Cereals
Assorted low fat Yoghurts
Basket of Fresh Fruit

Scrambled egg, Potato Waffles
and whole Plum Tomatoes
in Juice

Toast & Preserves
Chilled Fruit Juice
Tea / Coffee

SATURDAY

Choice of Breakfast Cereals
Assorted low fat Yoghurt
Basket of Fresh Fruit

Oven Baked Sausages
Hash Browns
and pan-fried Mushrooms

Toast & Preserves
Chilled Fruit Juice
Tea / Coffee

